BE KIND

Child Name: ___________________________ Age __________ Community _____________________________

Email a picture of your completed coloring sheet to Alyson.Sauter@unitedwaystcroix.org by November 18 to be entered to win a prize during Acts of Kindness Week!

Parent/Guardian Name: ___________________________________ Phone Number: _______________________

Kindness is a quality that children learn through time and practice. Parents are their child’s first and most important teacher.
Pick a new activity (or two!) each day of Acts of Kindness Week:

- Draw a picture and give it away to a friend
- Wave and smile at someone new
- Help someone with their chores
- Leave bubbles on a neighbor’s doorstep
- Leave water out for the birds
- Read a book about kindness together
- Let your friend go first
- Have a talk about how kindness feels