



United Way
St. Croix Valley

BE KIND

Child Name: _____ Age _____ Community _____

Email a picture of your completed coloring sheet to Alyson.Sauter@unitedwaystcroix.org by November 17 to be entered to win a prize during Acts of Kindness Week!

Parent/Guardian Name: _____ Phone Number: _____

Kindness is a quality that children learn through time and practice.

Parents are their child's first and most important teacher.

Pick a new activity (or two!) each day of Acts of Kindness Week

DRAW A PICTURE
AND GIVE IT AWAY
TO A FRIEND

WAVE AND SMILE
AT SOMEONE NEW

HELP SOMEONE
WITH THEIR
CHORES

LEAVE BUBBLES ON
A NEIGHBORS'
DOORSTEP

LEAVE WATER OUT
FOR THE BIRDS

READ A BOOK
ABOUT KINDNESS
TOGETHER

LET YOUR FRIEND
GO FIRST

HAVE A TALK
ABOUT HOW
KINDNESS FEELS